

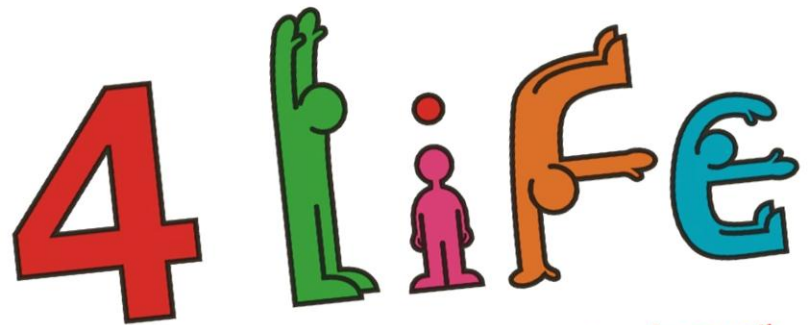


# Notes from the Dog WebQuest

A WebQuest for Secondary Three Enriched Students  
Designed by Sara-Émilie Laurin  
sara.emilie.laurin@gmail.com

## Topic 3: Ways to Prevent Cancer

change



Eat well

Move more

Live longer

Group : \_\_\_\_\_

Team : \_\_\_\_\_

Name : \_\_\_\_\_

### Topic 3: Ways to Prevent Cancer



Go to the website: <http://hi5living.org/get-informed.php> and answer the questions below.

1) Explore the section “Get informed”. Read the introduction under “Hi5 Facts” and then, choose four subtopics from the ones provided and fill out the table below. The goal here is to have a general overview of different life habits that can prevent you from having cancer. You do not need to read everything.

<b>Ways to prevent cancer</b>	<b>Two things to do to avoid this habit to be harmful</b>
<hr/>	1) <hr/> 2) <hr/>
<hr/>	1) <hr/> 2) <hr/>
<hr/>	1) <hr/> 2) <hr/>
<hr/>	1) <hr/> 2) <hr/>

## Choose one way to prevent cancer from question 1

Read carefully the information about it. Answer questions 2 to 5.

2) Explain how this bad habit can cause cancer.

---

---

---

---

---

3) Explain what you can do to change your habits.

---

---

---

---

---

3) Go to one of the websites provided as link and read a text, watch a video or fill out a quiz and then, write here how you feel about this habit now.

---

---

---

---

---

